



2015-16 K-Kids Contest Themes

Individual participation

Speech

Empathy is the ability to understand and share the feelings of another person. Explain how your participation in K-Kids has helped you develop empathy and why the ability to empathize with others is important.

Essay

Select one K-Kids Core Value you feel you live the most vibrantly. Share how living your life in this way makes a difference in the way you view yourself and relate to others. Also share how this makes a difference in how other people view and relate to you.

Core values

Caring :	Showing concern, being kind, sharing, helping and giving.
Inclusiveness:	Welcoming differences in others and inviting all to join the fun.
Leadership:	Guiding others and setting a good example.
Character building:	Doing the right thing even though it might not be popular.

Poster

Create a poster showing the cycle of service. Illustrate how one kind, thoughtful act can start a chain reaction in which one person receives help, and then passes on his or her good fortune.

Kiwaniis International Foundation Leadership Award

K-Kids members are nominated for this recognition

Any K-Kids member can be nominated for the Kiwanis International Foundation Leadership Award. The member is recognized for demonstrating outstanding leadership abilities.

Club/group participation

Picture book

New research now says that Happiness is something people can learn by conducting specific practices. Use resources at www.keyclub.org/projecthappiness to learn what people can do to rewire the brain for happiness. Use the information to create a picture book for elementary students that explains what happiness is and includes examples of activities that will increase happiness.

More happiness resources: [10 ways to add more happiness to your life](#)

Scrapbook

Work together with fellow club members to make a scrapbook that shows your club's service in your school and community.

Club Single Service

Work together with fellow members to describe the club's best service project for the current year. Club members are asked to write about the following: the need the club addressed, the planning process, how the project was implemented, the final result, how the club gained public awareness and how the members were impacted.