FAMILY SERVICE PROJECT: Seeds of service

Thanks to K-Kids club, your child has seen the difference service makes—in school, the community and the world. “Seeds of Service” was this year’s theme. But it doesn’t end at the classroom door. Here’s a simple project for parents and kids to do together. Plant seeds for a discussion about service . . . and for a shared experience that yields great memories.

It starts with me

With each act of kindness big or small
I’m making a difference, I’m answering the call.
Making the world a better place in which to live
Growing a heart to serve and learning to give
Planting these seeds is only the start
Through my example, others will want to take part
It takes only one caring person to step up, take a stand
And others will follow and offer a hand.

Let the growth of this seedling remind me of what’s to be
That planting seeds of service must first start with me.

How to get started

Supplies:
• One seed packet
• Soil
• Spoon
• A planter (try using a gallon milk jug cut in half)
• Water

Directions:
1. Gather the items and discuss how to use each one. Explain how planting the seeds today will soon result in a living, growing plant.
2. Have your child read and follow the instructions on the seed packet.
3. After planting, decide together: Who will water it? How often? Where can the plant get enough sunlight?
4. Check on the plant every day—together. Talk about how it’s growing and changing each day.
5. When your seedling grows into a healthy plant . . . share the harvest! For instance, make a home-baked good as a gift. Consider family, friends or someone in your community.
6. Ask your child to share some thoughts on how the project went and how it felt to share the work with someone.

Keep talking…and planting those seeds

Ask your child to reflect on the service projects the K-Kids club did this year. Here are some questions to get things started:
• What was your favorite project?
• Why was it your favorite project?
• How did it make you feel?
• How did your club make a difference?
• How have you “grown” as a K-Kid?
You’ll find that you have more questions—and maybe a few thoughts of your own. Once you plant the seeds for service, the inspiration just keeps growing.

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